Personal Protective Equipment (PPE)
Donning and Doffing Sequence – CDC Method
CAPR and Single Gloving

Note
This is for informational purposes only. Content guidelines presented are according to the CDC as of March 12, 2020 and are subject to change dependent on further delineation by the CDC.

Training is required before using the CAPR in a clinical setting. This job aid does not include detailed instructions on the set-up of a CAPR. Remember: If your hands become contaminated during the doffing procedure, perform hand hygiene before continuing.

Donning Procedure
All donning procedures should be performed outside of the patient’s room

1. Prepare for care by assembling necessary equipment and consider how best to bundle care to minimize room entry and exit
2. Secure hair, remove jewelry and unnecessary equipment (e.g., stethoscope)
3. Perform hand hygiene
4. Prepare the CAPR (see note above)
   a. Place the battery pack in a pocket or attached to your waistband
5. Don CAPR hood
   a. Ensure ears are not covered by the face shield
6. Don gown
   a. Do not fasten ties yet
   b. The CAPR cord and battery pack should stay under the gown
7. Fasten gown ties at neck and around waist – use bows to avoid knots
8. Don gloves so that they extend over the wrists of the gown
9. Double check that all PPE is in place, secure, is operational, and fits well
10. Enter patient’s room and provide care
Doffing Procedure

- There are several safe procedures for doffing PPE and your local standards may vary slightly from the sequence below based upon local regulations, equipment, and training. Check with your local Infection Prevention Leader or Clinical Educators if you have any questions.
- Your gloves, the front part of the CAPR hood, and the front and sleeves of your gown are considered contaminated. Avoid touching these areas.
- When there is an anteroom, all doffing occurs there. When there is no anteroom, the gloves and gown are doffed in the patient room near the door. The CAPR is doffed outside of the patient room.
- Once doffed, follow your facility specific instructions for cleaning, processing, battery conditioning, etc.
- If your hands become contaminated during the doffing procedure, perform hand hygiene before continuing.

1. Take a moment to review the doffing steps and do not rush

2. Doff gloves using the glove-to-glove, skin-to-skin method
   a. Grasp the gloved palm of one hand with the other gloved hand
   b. Peel off the first glove and hold it with the still gloved hand
   c. With your bare hand, slide your finger between the glove and skin of the other hand
   d. Peel off the final glove

3. Doff gown by breaking (or untying, depending upon the gown type) straps and carefully unrolling the gown – inside out - while holding it out in front of your body.

4. Doff the CAPR
   a. Lean forward and grab CAPR hood from the crown
   b. Doff by pulling the equipment forward and down
   c. Turn off battery pack and place in receptacle for cleaning

5. Perform hand hygiene

Note: Some locations use a single method to remove gloves and gown together in a controlled single motion. Starting with breaking the ties and rolling the gown off and ending by removing the gloves together with the gown. Refer to your local training.