Personal Protective Equipment (PPE)
Donning and Doffing Sequence – Modified CDC Method
PAPR and Double Gloving

Note
This is for informational purposes only. Content guidelines presented are according to the CDC as of March 12, 2020 and are subject to change dependent on further delineation by the CDC. Remember: If your hands become contaminated during the doffing procedure, perform hand hygiene before continuing.

Donning Procedure
All donning procedures should be performed outside of the patient’s room

1. Prepare for care by assembling necessary equipment and consider how best to bundle care to minimize room entry and exit
2. Secure hair, remove jewelry and unnecessary equipment (e.g., stethoscope)
3. Perform hand hygiene
4. Don first set of gloves
5. Dow gown
   a. Fasten ties at neck and around waist – use bows to avoid knots
6. Don PAPR hood
   a. Connect battery to the unit and check for adequate power (3 green lights)
   b. Attach PAPR hose to the battery pack, secure belt, attach PAPR hose to hood
   c. Don the PAPR hood
7. Don second pair of gloves so that the first pair is under the wrists of the gown and the second pair extends over the wrists of the gown
8. Double check that all PPE is in place, secure, is operational, and fits well
9. Enter patient’s room and provide care
Doffing Procedure

• There are several safe procedures for doffing PPE and your local standards may vary slightly from the sequence below based upon local regulations, equipment, and training. Check with your local Infection Prevention Leader or Clinical Educators if you have any questions.
• Your outer gloves, the PAPR and assembly, and the front and sleeves of your gown are considered contaminated. Avoid touching these areas.
• When there is an anteroom, all doffing occurs there. When there is no anteroom, equipment is doffed in the hallway near the patient’s door.
• Once doffed, follow your facility specific instructions for cleaning, processing, battery conditioning, etc.
• If your hands become contaminated during the doffing procedure, perform hand hygiene before continuing

1. Take a moment to review the doffing steps and do not rush

2. Doff your outer gloves

3. Doff the PAPR
   a. Doff the belt and hold in your hand. Lean forward and grab PAPR hood from the crown.
   b. Doff by pulling the equipment forward and down.
   c. Turn off battery pack and place in receptacle for cleaning.

4. Perform hand hygiene atop the inner set of gloves

5. Doff gown by breaking (or untieing, depending upon the gown type) straps and carefully unrolling the gown – inside out - while holding it out in front of your body.

6. Doff your gloves using the glove-to-glove, skin-to-skin method
   a. Grasp the gloved palm of one hand with the other gloved hand
   b. Peel off the first glove and hold it with the still gloved hand
   c. With your bare hand, slide your finger between the glove and skin of the other hand
   d. Peel off the final glove

7. Perform hand hygiene